CLAIMS

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1. An amino acid wherein the sidechain of said amino acid is isotopically enriched with ²H and wherein the backbone of said amino acid is isotopically enriched with an isotope selected from the group consisting of ¹³C, ¹⁵N, ²H and any combination thereof, with the proviso that said amino acid is not isotopically enriched with ²H at every hydrogen.

- 2. An amino acid of claim 1, wherein the backbone of said amino acid is isotopically enriched with an isotope selected from the group consisting of ¹³C, ¹⁵N, ²H and any combination thereof.
- 3. An amino acid of claim 1, wherein the α -carbon proton of said amino acid is isotopically enriched with 2H .
- 4. A method of synthesizing the amino acid of claim 1, which comprises:
 - (a) obtaining glycine that optionally is isotopically enriched in the backbone with an isotope selected from the group consisting of ¹³C, ¹⁵N and ²H or any combination thereof;
 - (b) chemically derivatizing said glycine:
 - (c) adding a deuterated side chain to said chemically derivatized glycine in a stereo-selective-manner to produce a protected sidechain deuterated amino acid; and
 - (d) deprotecting said sidechain deuterated amino acid.

5. A method of synthesizing the amino acid of claim 2, which comprises:

- (a) obtaining glycine that optionally is isotopically enriched in the backbone with an isotope selected from the group consisting of ¹³C, ¹⁵N and ²H or any combination thereof;
 - (b) chemically derivatizing said glycine;

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- (c) adding a deuterated side chain to said chemically derivatized glycine in a stereo-selective manner to produce a protected sidechain deuterated amino acid;
- (d) deuterating the α -carbon of said protected sidechain deuterated amino acid; and
- (e) deprotecting said sidechain deuterated amino acid.
- 6. A peptidic molecule which comprises at least one amino acid of claim 1.
- 7. A peptide molecule which comprises at least one amino acid of claim 2.
 - 8. A peptide molecule which comprises at least one amino acid of claim 3.
 - 9. A peptide molecule which comprises at least one species of amino acid wherein the side chain of each occurrence of said species of amino acid is isotopically enriched with ²H.
 - 10. A peptide molecule of claim 9, wherein the backbone of each occurrence of said species of amino acid is isotopically enriched with an isotope selected from the

group consisting of ¹³C, ¹⁵N, ²H and any combination thereof.

- 11. A peptide molecule of claim 9, wherein the α -carbon proton of each occurrence of said species of amino acid is isotopically enriched with ^{2}H .
- 12. A medium capable of supporting the growth of cells in culture which comprises at least one amino acid of claim 1.
- 13. A medium capable of supporting the growth of cells in culture which comprises at least one amino acid of claim 2.

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- 14. A medium capable of supporting the growth of cells in culture which comprises at least one amino acid of claim 3.
- 20 15. A method of producing an isotopically labeled peptide molecule, which comprises:
 - (a) providing a medium of claim 12;
 - (b) providing a cell culture that expresses said peptide molecule;
- (c) growing said cell culture in said medium under protein-producing conditions such that said cell expresses said peptide molecule in isotopically labeled form; and
 - (d) isolating said isotopically labeled peptide molecule from said medium.
 - 16. A method of producing on isotopically labeled peptide molecule, which comprises:

- (a) providing a medium of claim 13;
- (b) providing a cell culture that expresses said peptide molecule;
- (c) growing said cell culture in said medium under protein-producing conditions such that said cell expresses said peptide molecule in isotopically labeled form; and
- (d) isolating said isotopically labeled peptide molecule from said medium.

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- 17. A method of producing on isotopically labeled peptide molecule, which comprises:
 - (a) providing a medium of claim 14;
- (b) providing a cell culture that expresses said peptide molecule;
- (c) growing said cell culture in said medium under protein-producing conditions such that said cell expresses said peptide molecule in isotopically labeled form; and

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- (d) isolating said isotopically labeled peptide molecule from said medium.
- 18. A method of determining structural information for a peptidic molecule, which comprises:

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- (a) producing said peptidic molecule according to the method of claim 15; and
- (b) subjecting said peptidic molecule to nuclear magnetic resonance.
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- 19. A method of determining structural information for a peptidic molecule, which comprises:
- (a) producing said peptidic molecule according to the method of claim 16; and

(b) subjecting said peptidic molecule to nuclear magnetic resonance.

- 20. A method of determining structural information for a peptidic molecule, which comprises:
- (a) producing said peptidic molecule according to the method of claim 17; and
- (b) subjecting said peptidic molecule to nuclear magnetic resonance.

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